

INVITATION TO

SÖDRA JUDO OPEN 2

AND JUDO4LIFE WEEKEND



EVENT: SATURDAY 21 APRIL 2018 IN HANINGE

Venue: Torvalla Arena in Haninge, a little south of Stockholm. Dalarövägen 66.

Weigh-in: Friday 20/4: 19.00-20.30 Torvalla Arena: All categories

Saturday 21/4: 8.00-8.45 B/GU15, M/WU21
9.30-10.30 U9, U11
10.30-11.30 Men, Ladies, B/GU13
12.00-13.00 B/GU18, Veteran

All attendees in U9, U11, U13 and U15 will weigh-in in judopants and t-shirt and need to pass the weight with the clothes on. No deduction will be made.

Male or female attendee in U18 and older may choose if they want to weigh-in nude, in underwear or in judopants and t-shirt. It is not permitted to weigh-in in other clothes or in any other way than this.

Competition start:	9.30	B/GU15, M/WU21
Approximate times	11.30	U9, U11
	12.30	Men/Ladies, B/GU13
	14.00	B/GU18, Veterans

Exact start time depends on the number of attendance in respective categories. We do our best to make the competition as smooth as possible for all attendees. Depending on the number of attendee the competition will be on 5 or 6 mats.

Categories:

U9 Boys and Girls Mix (born 2010-2011): Classification into classes of 3 or 4 depending on weight and grade. All receive medal.

U11 Boys and Girls Mix (born 2008-2009): Classification into classes of 3 or 4 depending on weight and grade. All receive medal.

Boys U13 (born 2006-2007): Classification into classes of 5 depending on weight and grade. Medal to 1,2,3 min 4 kyu.

Girls U13 (born 2006-2007): Classification into classes of 5 depending on weight and grade. Medal to 1,2,3 min 4 kyu.

Girls U15	(born 2004-2005)	-36, -40, -44, -48, -52, -57, -63, +63 kg	min 4 kyu
Boys U15	(born 2004-2005)	-38, -42, -46, -50, -55, -60, -66, -73, +73 kg	min 4 kyu
Girls U18	(born 2001-2003)	-40, -44, -48, -52, -57, -63, -70, +70 kg	min 4 kyu
Boys U18	(born 2001-2003)	-46, -50, -55, -60, -66, -73, -81, -90, +90 kg	min 4 kyu
Female U21	(born 1998-2001)	-44, -48, -52, -57, -63, -70, -78, +78 kg	min 4 kyu
Men U21	(born 1998-2001)	-55, -60, -66, -73, -81, -90, -100, +100 kg	min 4 kyu
Ladies	(born -2001)	-48, -52, -57, -63, -70, -78, +78 kg	min 4 kyu
Men	(born -2001)	-60, -66, -73, -81, -90, -100, +100 kg	min 4 kyu
Veterans	(born 1948-1988)	Men: -60, -66, -73, -81, -90, -100, +100 kg	

A-class (Blue belt and higher)	Ladies: -48, -52, -57, -63, -70, -78, +78 kg
M/L12 30-39 Years (born 1979-1988)	B-class (Yellow- green belt)
M/L56 50-59 Years (born 1959-1968)	M/L34 40-49 Years (born 1969-1978)
	M/L78 60-69 Years (born 1949-1958)

In the case of few enrolment, the classification is divided into classes by weight and age according to the principle 10 years / 10 kg difference.

Register with year of birth, grade and weight class.

U9: 2 min; U11: 2 min; U9 and U11 is it Golden Score for 1 min, then judgments
U13; 3 min; U15: 3 min; U18: 4 min; U21: 4 min; M+L: 4 min. Then Golden Score until a winner is appointed.

Registration:

At the latest Friday, 13/4 2018, only via web form at www.iksodra.com/sjo

NOTE! Only clubs can register, not individuals.

You will automatically receive confirmation in the mail.

We ask all clubs to do their utmost to register all participants with the correct year of birth, in the correct category and in the correct weight class.

It makes it a lot easier when we create each group.

Registration fee:

Contest: 200 SEK/starters, **after the 13/4 double charge.**

Camp: 200 SEK/ participant, Includes lunch on Sunday. Extra lunch 50 sek per person, e.g. coaches.

The fee is paid at the same time as the registration

Account holder: IK Södra

IBAN: SE11 8000 0832 7901 4619 5045

BIC: SWEDSESS

Each club pays start and attendance fees for all of its registered in advance.

Refunds will only be made if 1) club removes the registration before 13/4 or 2) if a competitor is not allowed to compete because of that there are no opponents.

Contest rules:

According to IJF's competition rules and SJF's competition regulation. Insurance for Swedish clubs through SJF.

Contest system:

Pool competition or in large weight classes SWE Direct Repechage.

Everyone is guaranteed at least two matches.

The organizer reserves the right to assemble classes if necessary.

Double only allowed for last year's U13 in U15, U15 in U18, U18 in U21, U21 in Senior.

Camp for competition actives:

On Sunday, 22/4, a training camp with two training passes for contestants will be organized with focus on randori.

Both camp and competitions are part of the national team's 2018 annual plan and both activities will be under observation with representatives from the national team in place. The activities are aimed primarily at U13, U15 and U18.

We would like to welcome everyone to both the competition and camp. Those who are more interested in technical training during the Sunday are welcome to attend Judo4All exercise in Torvalla Dojo between 10-12.

Accommodations:

IK Södra dojo in Skarpnäck. Notify it in connection with the application. Cost 100 SEK per person per night. Breakfast included. Max 50 people (so hurry up if you want a space)

Quality Hotel Haninge: Located approximately 2.5 km from the competition arena.

For booking please contact the hotel directly. Specify that you will use the sports agreement to get a discount on accommodation and food during your stay.

g.group.winnhaninge@choice.se or call 08-745 75 00

Other: Registered participants agree that their names may be published on

www.iksodra.com

and

www.judo.se.

This competition is the basis of the ranking of the Swedish Judo Federation in the categories concerned.

For direct questions, changes in categories, weight classes, etc. Email

tavlingar@iksodra.com

Activities (all times during Saturday are preliminary)

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Friday								
Weigh-in (ALL)	Torvalla Arena 19:00-20:30							
Katapractice	Torvalla Dojo 19:00-21:00							
Judo4All	Torvalla Dojo 18:00-19:30							
Saturday								
Category	U9	U11	U13	U15	U18	U21	Senior	Veteran
Weigh-in	9:30 10:30	9:30 10:30	10:30 11:30	8:00- 8:45	12:00 13:00	8:00 8:45	10:30 11:30	12:00 13:00
Start	11:30	11:30	12:30	9:30	14:00	9:30	12:30	14:00
Sunday								
Camp for competitive activists.	Torvalla Arena A-hall (fee 200 SEK including lunch) Coaches who want lunch pay 50 kr.							
Exercise	9:00-10:30							
Lunch	11:00-12:00							
Exercise	13:00-14:30							
Judo4AllExercise	Torvalla Dojo Judo4All, soft technique training for both big and small.							
Exercise	10:00-12:00							